



SAVE A LIFE

Bleeding Control Basic (BCon) Course v. 1.0
Instructor Information

The Bleeding Control Basic (BCon) Course v. 1.0 is designed for individuals who have little or no medical training but who may be called upon as immediate responders to provide initial trauma care and bleeding control to a victim of traumatic injury prior to the arrival of emergency medical services (EMS) or in an austere environment.



THE
**COMMITTEE
ON TRAUMA**



AMERICAN COLLEGE OF SURGEONS
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Bleeding Control Presentation

There is an official, branded PDF presentation that should be used for your civilian training courses. The presentation includes three embedded videos (pages 10, 37, and 53). The videos should play automatically and not require any external links.

The presentation may, from time to time, be updated. Please watch for communications from the Committee on Trauma with updates to the presentation materials.

Who Can Teach the BCon Course v. 1.0?

Instructors for the BCon Course include:

- PHTLS instructors
- PHTLS providers who have successfully completed the BCon Provider Course
- TCCC/TECCC instructors or providers
- ATCN/TNCC instructors or providers who have successfully completed the BCon Provider Course
- Any EMR, EMT, paramedic, RN, PA, or MD who has successfully completed a BCon Provider Course
- Any ATLS instructor or provider who has successfully completed a BCon Provider Course
- Any NAEMT instructor for any other NAEMT continuing education course who has successfully completed a BCon Provider Course

Faculty Requirements

The minimum recommended instructor-to-student ratio for all skill stations is 1:8. Given this ratio, every BCon Course v. 0.1 will require adequate faculty to maintain this requirement.

Eligible Students

Eligible students are any individuals who may be called upon to assist with trauma patients while waiting for first response or EMS to arrive. The course has been designed for students who have received little or no prior medical training. Examples of potential students include teachers, taxi drivers, train station attendants, and Transportation Security Administration (TSA) workers.

While the preferred course for educating law enforcement officers is the Tactical Casualty Care for Law Enforcement and First Responders (TCC-LEFR), the BCon materials may be used to introduce these concepts to law enforcement officers.

Material Requirements

All BCon Course v. 1.0 students should receive a copy of the bleeding control handout and any registration materials.

Equipment and Supplies

All students must have access, at a minimum, to the equipment needed to complete the skill stations. The equipment can either be supplied in each skill station or provided to each group of students. Students should be allowed to use their own equipment when appropriate.

All equipment must be in proper working order.

Equipment includes:

- Personal protective equipment (PPE) (gloves)
- Hemorrhage control devices (tourniquet, gauze rolls)
- Manikin or wound-packing model

Course Plan

Course sites may rearrange the schedule for site-specific needs as long as all of the course elements are included. The course content is available on the provided thumb drive and eventually will be made available for download on the American College of Surgeons (ACS) Bleeding Control website, bleedingcontrol.org.

BCon Course v. 1.0 Schedule

- BCon lecture
- Tourniquet single skill station
- Wound packing single skill station

Average course time: Approximately one hour (may be longer as needed)

Successful Completion

Successful completion entails that the student has:

- Attended the entire course
- Demonstrated all practical skills as required within the course



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